

### Negative effects

First of all allergies.

"Mobile phone dermatitis" are frequent. The symptoms are rash and itching of the ears and cheeks, that is, the areas in contact with the device.

All this would be caused by skin contact with nickel, element contained in the frame and buttons of many mobile phones.

And what if you keep your phone close to the body?

Beware, a phone in your pocket might spread electromagnetic waves which are dangerous not only for your brain but also for your bones: long-term exposure to electromagnetic fields can cause bones fractures.



*Do you feel safe when you make  
a phone call?*



*Beware  
Mobile phones  
can be  
dangerous for  
your health*

**What are the tips to follow to avoid possible diseases?**

The phone should be used as an emergency radio. It 'a valuable tool for short communications in case of need. The use to which it is normally exposed to a serious risk to the brain tissue. Sure, they reduce the risk the habitual use of the headset and handsfree. Better to use SMS instead of calling. When lit, better keep mobile phones away from the body. During the night. if it stays on, you must keep it in another room. But the most important thing is to use it as little as possible.



The radiations from the phone are humand carcinogens. It is proposed the writing on the phones: "seriously damages health". Anyone who uses a mobile phone is exposed to "a serious risk to the brain tissue." The mobile phone is very polluting and harmful to health."

